

Acne and Diet: Lilac Corp Reviews a Study and Recommends Noacnin, a Natural Treatment for Healthy Skin

Changing your diet can prevent and control acne. Lilac Corp recommends NoAcnin, a safe, natural supplement that targets viruses that infect the skin.

SARASOTA, FL, UNITED STATES, May 22, 2018 /EINPresswire.com/ -- For years scientists and doctors rejected the idea that diet may have anything to do with [acne](#). A new study suggests that there is, in fact, a link between the two. According to the study: "Certain nutrients, foods, or dietary patterns may act as disease "triggers", while others may prove beneficial." [1] One cause of acne is a "high-glycemic-load diet." In other words, eating foods rich in carbohydrates, like white bread or pasta, can increase the frequency of acne breakouts. The reverse is also true. A low carbohydrate diet can decrease the frequency of acne outbreaks and inflammation.



Natural supplement for acne developed by Lilac Corp

[NoAcnin](#) is a natural treatment for healthy skin. The treatment was developed by Lilac Corp, the company that invented the unique, highly effective, antiviral natural treatments [Gene-Eden-VIR](#) and Novirin. Details on the clinical studies that tested these treatments, and showed their safety and effectiveness, are available on Google, and on <http://lilaccorp.com/>.

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Rajani Katta, MD

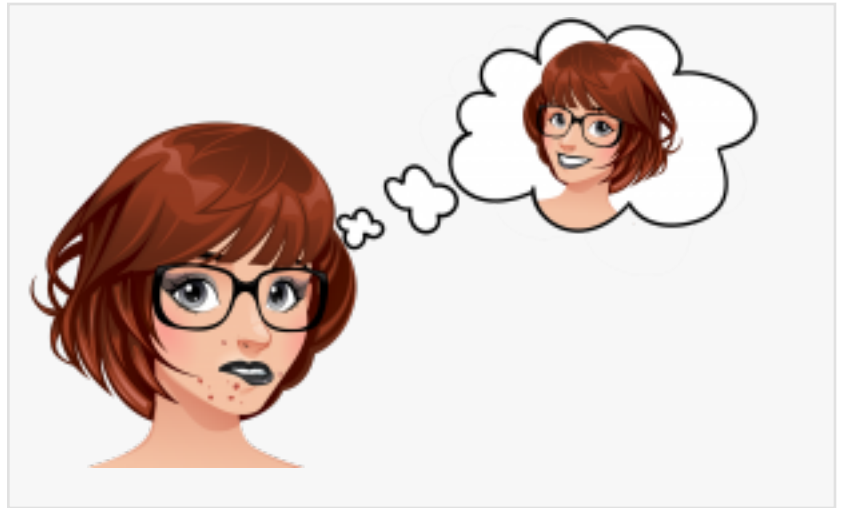
NoAcnin is a natural treatment that targets viruses that infect the skin. The NoAcnin formula was developed by analyzing thousands of scientific studies using artificial intelligence (AI). Controlling the viruses in the skin helps maintain a healthy level of DHT and androgen receptor in the skin, which helps the skin rejuvenate. NoAcnin has no side effects.

The study on the link between acne and diet also suggests how to decrease the acne outbreaks. For instance, the study says that that omega-3 fatty acid supplements decrease acne. Probiotic supplements can also decrease acne and improve skin's health. The mineral zinc is also useful in controlling acne. So is fiber. An increase in dietary fiber can be helpful since it promotes a healthy

level of gut microbiomes. Fiber can be found in whole foods such as fruits, vegetables, and whole wheat bread.

About Lilac Corp:

Lilac Corp specializes in the development of biology-based patent protected natural treatments. Currently, Lilac Corp is selling four products: Gene-Eden-VIR, Novirin, Nolopecia, and NoAcnin. Lilac Corp ships its products to more than 100 countries around the world. What makes Lilac Corp special is that all its products are tested in clinical studies that follow FDA guidelines. To ensure transparency, the results of the clinical studies are published in leading scientific journals. Lilac Corp also offers a 90-day money back guarantee.



Source:

[1] Katta, Rajani, and Mary J Kramer. "Skin and Diet: An Update on the Role of Dietary Change as a Treatment Strategy for Skin Disease." STL, vol. 23, no. 1, 1 Jan. 2018.

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