

Nicole Henry of Creating Healthy Babies to be Featured on CUTV News Radio

EAST HYRUM, UTAH, UNITED STATES, February 15, 2018 /EINPresswire.com/ -- Nicole Henry is the founder of Creating Healthy Babies where she helps parents of children with digestive issues, food allergies, autoimmune issues. Henry specifically works with children with Food Protein-Induced Enterocolitis Syndrome (FPIES), a type of food allergy that affects the gastrointestinal tract leading to profound vomiting, diarrhea and dehydration.

"It is a growing epidemic and it is scary," says Henry. "I help these children improve the health of their gut so that they don't have to have any more food allergies or health issues and can live a normal life with a high quality of life like other children."

Henry was inspired to establish Creating Healthy Babies following her experience with her own son Tavren.

"My son was born and immediately went into the NIC for an infection," recalls Henry. "As he continued to grow, he just got sicker and sicker. It eventually turned into him being allergic to all foods. He would go into vomitous shock, turn blue, call 9-1-1, even off of a pea size of homemade fresh squash. We went from doctor to doctor, spent hundreds of thousands of dollars and there were just no answers. They ended up diagnosing him with FPIES and the only treatment is to live on formula for the rest of their lives or they grow out of it. I just started learning. That's where my journey began."

Today, Tavren is a healthy five-year old with zero food allergies.

"We don't expect to control his diet forever, but as long as I can I will. And so he's been used to the way that we eat and live," says Henry. "It was heartbreaking to see a little baby's body go through that. Nobody should ever have to see their child go through this."

Henry and her husband Todd keep Tavren on a variation of the paleo diet for as long as they can control it.

"The things that have helped me the most is what I call the staples: broth, sauerkraut, coconut oil, vegetables and even raw egg yolks," says Henry. "A rule in our house is we can't have anything that



he can't have. Inside the home we create that habit. His favorite food is butter and sauerkraut."

Soon after Tavren's recovery, other mothers of children with FPIES started to reach out to Henry. Soon she was so busy she had to create a business.

"The inspiration came from other people reaching out and not having answers. I remember feeling that way. Once I realized how easy and simple it really was to fix, I believed everybody needed to know about it. So the wider I can spread the message, the more I think FPIES is treatable. To me, that can save a parent's sanity or save a child's life."

Since establishing Creating Healthy Babies, she's never had a child not be able to recover from their food allergies or their autoimmune issues by switching diets.

"I see the world shifting to a health-conscious mindset," says Henry. "I really do believe that as more people step up and take control of their health and their lives, that it will be more common to live this lifestyle. My mission on earth is to touch as many children who have food allergies or rare diseases. I believe there's an answer for everything."

CUTV News Radio will feature Nicole Henry in an interview with Jim Masters on February 19th at 2pm EST and with Doug Llewelyn on February 26th at 2pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Creating Healthy Babies, visit <http://www.creatinghealthybabies.com/>

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