

Dr. Jennifer Wilkinson of Balance Your Body to be Featured on CUTV News Radio

MANSFIELD, TEXAS, UNITED STATES, February 12, 2018 /EINPresswire.com/ -- Dr. Jennifer Wilkinson is the founder Balance Your Body. Dr. Wilkinson is a chiropractor by trade as well as an Emotion Code practitioner with Body Code certification.

"We're constantly trying to create a balance between our work life, our personal life, our family and friends, but if you don't have your health, then you don't have anything," says Dr. Wilkinson. "I help people figure out what's going on with themselves unconsciously so they may consciously fix it."

According to Dr. Wilkinson, our subconscious mind is ultimately what is in control. It is the motherboard. Through muscle testing, Dr. Wilkinson will ask your subconscious to identify the source of your symptoms, which may be physical, but could also be emotional in nature.



"It's about being to address a patient's problem from multiple angles," says Dr. Wilkinson. "Through muscle testing, we can really listen to what the patient's whole body is communicating, so you can create a recipe for that person to achieve the results they want for themselves."

Foremost among the emotional causes of our issues, says Dr. Wilkinson is the heart wall, an energetic, unconscious wall that we build to protect ourselves. When you remove that wall, it improves the communication between your heart and the hearts of others.

"If there is any kind of positive change, we're headed in the right direction," says Dr. Wilkinson. "Whether it's something super small or a huge life-changing moment, we want to keep trucking in that direction. I'm going to give you the information that you need to get better and I'm going to trust you that you're giving me full disclosure of what's going on with you. And when we can have that balance and that good clear communication, then we can really figure out what's going on."

Dr. Wilkinson says she is most proud of the inspiration she can provide to others to live the life that they want to live.

CUTV News Radio will feature Dr. Jennifer Wilkinson in an interview with Jim Masters on February 14th at 12pm EST and with Doug Llewelyn on February 21st at 12pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Balance Your Body, visit www.balanceyourbody.co.

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