

Dr. Mary Lynn Crow to be Featured on CUTV News Radio

FORT WORTH, TEXAS, UNITED STATES, January 11, 2018 /EINPresswire.com/ -- Each of us finds ourselves somewhere on the life script. Some life stages are more difficult to find purpose and meaning and to overcome challenges than others.

According to licensed clinical psychologist and educator Dr. Mary Lynn Crow, the crises that typically occur in midlife begin much earlier than midlife, in adolescence.

“The first thing that helps is when people understand that there's some structure to the life script and you're not alone,” says Dr. Crow. “We go through transitions from one life stage to another. We have the research, we have the theoretical formations. We can predict. We're not just flying blind. Here's some structure. Now we can support you to apply it to what you're dealing with so that you can move forward.”

Dr. Crow specializes in helping people successfully address and master the challenges in every phase of life

“I keep coming back to finding meaning and purpose,” says Dr. Crow. “There are things that we can do besides counseling or therapy. We can build stable relationships. We can find something that is meaningful, whether it's a faith, a belief, whatever, so that you can hook into something to hang onto. You can build relationships that are built on unconditional love, not just attraction. Finding meaning and purpose as you move through these transitions is the key to living a healthy life in all facets.”

In addition to her work as a clinical psychologist, Dr. Crow also serves as a professor of developmental and educational psychology in the University of Texas system. Dr. Crow got her start in education as a teacher. Listeners may remember her as the kindergarten teacher on the old television program Romper Room. Romper Room International Television Kindergarten, featured an actual kindergarten live on air, with real lesson plans for real children.

“Romper Room was unlike any other children's shows of its day,” recalls Dr. Crow. “It was the first integrated show to actually bring on children of color, which had not been done before. I had live animals get loose. I learned a lot about control of time, control of self, and control in general. But I decided to go into higher education, which has now been my life for 48 years.”



CUTV News Radio will feature Dr. Mary Lynn Crow in an interview with Jim Masters on January 15th at 2pm EST and with Doug Llewelyn on January 22nd at 2pm EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Dr. Mary Lynn Crow, visit <http://www.drmarylynncrow.com>

Lou Ceparano
CUTV News
(631) 850-3314
[email us here](#)

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2018 IPD Group, Inc. All Right Reserved.