

## Laurie Bowen of Sacred Acres to be Featured on CUTV News Radio

AUGUSTA, ONTARIO, CANADA, December 14, 2017 /EINPresswire.com/ -- Millions of people take medications that cause unwanted debilitating side effects to combat anxiety, sleep disorders, and issues. But it's a proven fact that animals, including our very own pets, can touch our souls so profoundly and connect with us so deeply, they have the power to soothe, uplift us and transform us into healthy, joyful people for a lifetime.

Laurie Bowen is a creative arts therapist who utilizes all of the arts in therapy, education and health care settings. She is a Certified Equine Assisted Psychotherapist and the founder of Sacred Acres.

"I offer Equine Assisted Growth and Learning, but there is no horseback riding involved," says Laurie. "I have miniature horses so that I could work with children, youth and their families. As the clients interact with my three miniature horses they become a mirror and a powerful form of acquiring peace and healing. Horses are extremely perceptive and they pick up on how humans are feeling. The ultimate outcome is serenity and healing."



Laurie was inspired to go into the healing field following her

own life experiences, which included leaving an abusive husband. Soon, Laurie landed a job in a hospital as a social worker and spent most of her career working in mental health addictions. Through the loyalty, devotion, and unconditional love of her dog, she was able to find the strength to overcome and discover the love of a pet was the most unconditional love of all.

"We must also recognize the beauty and purity of animals and how God created animals to help us heal," says Laurie. "I know I'm not alone in my love and appreciation for animals."

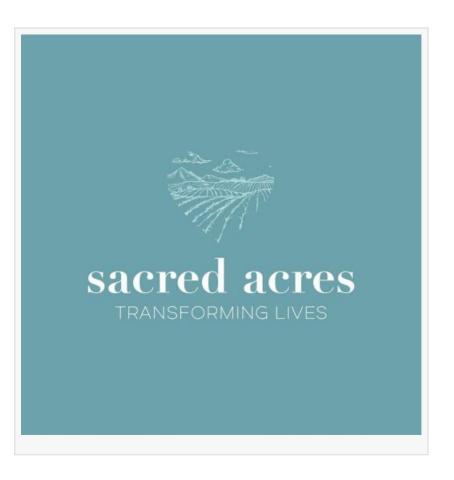
CUTV News Radio will feature Laurie Bowen in an interview with Jim Masters on December 14th at 1pm EST

Listen to the show on BlogTalkRadio.

If you have a question for our guest call (347) 996-3389

For more information on Laurie Bowen visit http://www.lauriebowen.com

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