

Chicago Chiropractor Combines Passion for Healing with Passion for Giving, Developing New Massager with a Mission.

Dr. Warren Bruhl partners with wellness pros to develop BuffEnuff® Power Massager, a new handheld cordless massager making healing massage possible anywhere.

CHICAGO, ILLINOIS, USA, November 30, 2017 /EINPresswire.com/ -- A firm believer in giving back, Northbrook chiropractor Dr. Warren Bruhl is on a mission to bring the healing power of portable power massage to everyday people and under-served populations around the world. Teaming together with a medical massage therapist and CrossFit trainer (Oregon-based Jason Auer-Sears and California-based Jimmy Greninger) to found Percussion Fitness, they aim to bring the ultimate healing device to the world and do good by donating a portion of proceeds from each massager sold to bring cordless massagers to people in need through their support of non-profit [Dreamweaver International](http://www.dreamweaver911.org) (www.dreamweaver911.org)



workout recovery, clinical use, and at-home use.

“

Percussion Fitness is committed to donating a portion of profits from BuffEnuff® Massagers sold to bring hope and healing to underserved populations and is deeply dedicated to global healing.”

Dr. Warren Bruhl

If you're looking for a powerful, portable, and affordable solution to easing aches and pains and boosting workout recovery while supporting a brand doing good, the [BuffEnuff®](http://www.PercussionFitness.com) Power Massager is for you!

Now available online (www.PercussionFitness.com), the BuffEnuff® Power Massager delivers professional-grade percussive therapy to tight muscles, trigger points and provides instant relief from tension and everyday aches and pains. Because it's cordless, you can quickly relax tense muscles no matter your location. Ideal for myofascial release,

“Having practiced chiropractic for over 30 years, I have used many healing modalities to help my patients,” says Percussion Fitness CEO, Dr. Warren Bruhl. “The BuffEnuff massager is now my number one tool I turn to for my patients, offering them pain relief, relaxation, and improved muscle recovery. My patients love the way the BuffEnuff makes them feel before and after adjustments.”

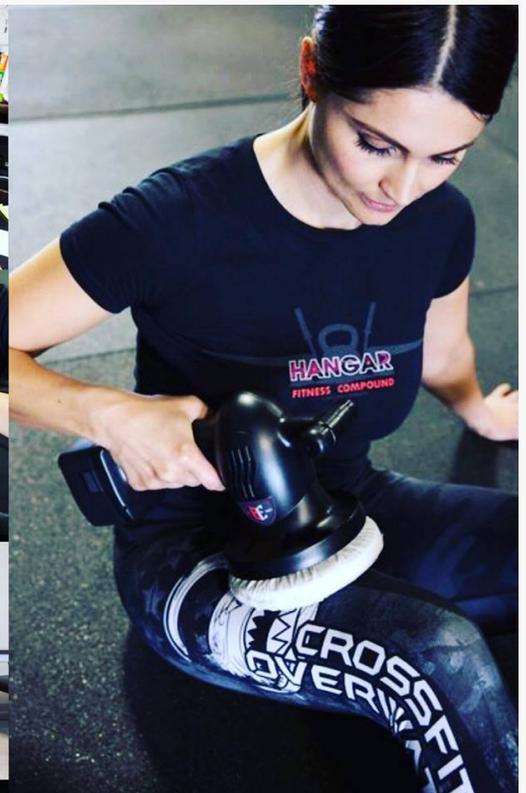
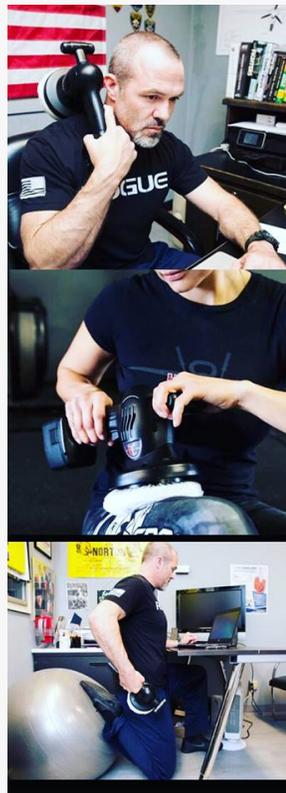
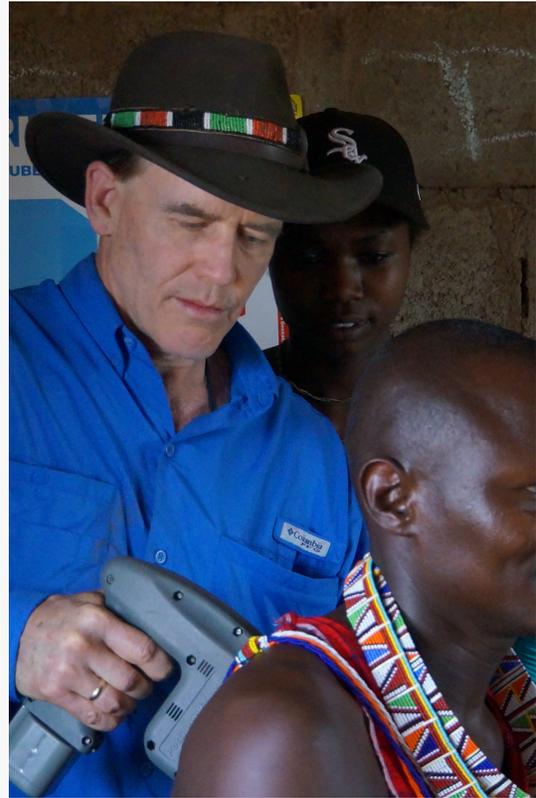
The BuffEnuff® Power Massager features:

- 3300 RPMs of deep, penetrating percussive vibrational therapy
- Cordless, quick charging battery operated power supply
- Convenient hand-held grips for self-care
- Soft application surface used for pain relief & muscle recovery
- Enhanced therapeutic value for clinical practitioners

“The BuffEnuff® Power Massager makes self-care easy and effective,” says LMT and Co-Owner Jason Auer-Sears. “Using BuffEnuff allows my clients to complete their own self-massage and stretching within a short amount of time and provides next level therapy during the massage session. At 3300 beats per minute, BuffEnuff® dilates blood vessels, warms fascia, releases adhesions while stimulating the nervous system, powerfully enhancing manual techniques and stretching. I call it, “CPR for the Muscles.”

How the BuffEnuff Power Massager Helps:

- Great for pre-workout warm-up & post-workout recovery
- Prevent injury & boost athletic performance
- Treat trigger points & sore muscles & increase circulation
- Treat scar tissue, myofascial dystonia & pain
- Increase range of motion & great for rehabilitation
- Reduces tension, anxiety & insomnia
- Great for both self-care & clinical use
- It feels AWESOME!
- Provides all types of massages including deep tissue, trigger point, friction, recovery, sports, pre/post exercise, relaxation and more!



Jimmy Greninger, Percussion Fitness Co-Owner and CrossFit Training Center Owner says, “every one of my CrossFit members loves the BuffEnuff and can’t wait to use it before and after their regular sessions at the gym. They say it helps them feel great and recover faster. I recently had a chance to really feel it’s power when I tore my achilles tendon and used the BuffEnuff to help my recovery and return to full mobility. It rocked!!”

Percussion Fitness provides education, techniques, tips and tutorials on how to use the BuffEnuff® massager to enhance therapeutic benefits. To learn more about the BuffEnuff® “BE” Healing Technique, visit www.PercussionFitness.com.

Note: Percussion massage can be extremely helpful as an adjunct to other treatments and should not be used as a substitute for seeking medical care and proper therapeutic guidance for injuries.

Dr. Bruhl adds, “Percussion Fitness is passionate about giving back and is a proud supporter of non-profit Dreamweaver International that brings healthcare, education, and humanitarian aid to Kenya, East Africa and sports and hope to children around the world. Collectively, we all want to feel empowered and we’re committed to donating a portion of profits for every BuffEnuff® Power Massager sold to bring hope and healing to underserved populations. Together, we share a commitment to global healing and transforming the well-being of people around the world.” To watch a video of how BuffEnuff is being used globally visit, <https://youtu.be/cCTKSbxvnCU>.

About Percussion Fitness

Percussion Fitness® is a unique company with dedicated leaders who understand consumer needs, fitness enthusiasts, and health professional’s healing goals for their clients. Led by a dynamic professional team, including a top Chiropractor, Massage Therapist and CrossFit Trainer with over 25 years of knowledge and experience behind them, Percussion Fitness® is proud to introduce the BuffEnuff® cordless power massager, enabling users to give themselves a great therapeutic massage anywhere, anytime along with healing techniques for maximizing results. The company believes in giving back and is dedicated to offering people around the world effective tools to self-heal and improve quality of life through their on-going support of non-profit Dreamweaver International. For the latest news, massage tips, and more, follow Percussion Fitness’ ‘BE Fit’ Blog at www.PercussionFitness.com/Blog.

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