

Kathy Parkes of Breastfeeding Perspectives to be Featured on CUTV News Radio

SAN ANTONIO, TEXAS, UNITED STATES, October 30, 2017

[/EINPresswire.com/](http://EINPresswire.com/) -- Giving birth is one of the most exciting moments in a new mom's life. Learning the best way to breastfeed is one of the most impactful ways to ensure her baby is provided with all the right nutrients.

Kathy Parkes is founder of Breastfeeding Perspectives a top-level lactation consulting practice, as well as the author of the bestselling book *Perspectives in Lactation: Is Private Practice for Me?* Kathy is a deeply passionate advocate and educator for the health and well-being of birthing mothers everywhere working closely with pregnant woman and new mothers to assist them in successfully meeting their breastfeeding goals. In private practice for over 25 years Kathy has diligently guided a variety of families in need including adoptive, surrogate and birthing parents and pre-term infants.

"When we go to the hospital we expect our doctors and nurses to know everything about breastfeeding," says Kathy. "The problem is these doctors and nurses are so overwhelmed and expected to maintain their practice levels with all the other aspects of medical care and procedures, they are not taught every aspect involved in lactation management; that's why this breastfeeding profession was born. When it's a new mother's first time breastfeeding it's critical she receive ongoing support. That's what Breastfeeding Perspectives provides."

Kathy was inspired to become an IBCLC when a pregnant friend took her to a breastfeeding support group meeting where Kathy became acquainted and ultimately inspired by a different way to parent. The more Kathy learned about the wonders of these breastfeeding techniques, the more her love and passion increased. Kathy soon realized no such jobs existed as breastfeeding consultants. After finishing nursing school, she became an international board certified practitioner and started her breastfeeding practice.

"In my practice I offer so many different services to meet every individual mom's needs," says Kathy.





My mission is to change the world one mother and baby at a time.”

Kathy Parkes

According to Kathy, although there’s a plethora of credentials available when it comes to breastfeeding The International Board-Certified Lactation (IBCLC) consultant is the gold standard in the field of lactation.

“Breastfeeding is meant be enjoyable for both mom and baby,” explains Kathy. “My mission statement, not only for my private

practice but also for my life, is to change the world one mother and baby at a time.”

CUTV news will feature Kathy Parkes in an interview with Doug Llewelyn on November 1st at 1pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have any questions for our guest please call (347) 996-3389

For more information on Kathy Parkes please visit <http://www.breastfeedingperspectives.com>

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