

# Introducing Hygla: An Ingenious Way to Fall Asleep without Sleep Aids

*The culmination of many years of research, Hygla is the first product of its kind - a safe solution for insomnia with no side effects.*

KORNWESTHEIM, GERMANY, October 24, 2017 /EINPresswire.com/ -- The culmination of many years of research is about to be presented to the world with the introduction of Hygla, the first product of its kind - a safe solution for insomnia that has no side effects. Hygla is being showcased on [Indiegogo](#) as a means to raise funds for developing and manufacturing the product.

“By helping us with funding, you will participate in changing the world,” says Project Leader Alexander Anisfeld. “This is something that humanity has never before had access to – a way to influence our biorhythms so that we can fall asleep without chemicals.”

The product will appeal to adults who have problems sleeping. It is targeted toward those who have difficulty falling asleep as well as those who find themselves tossing and turning throughout the night.

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*Alexander Anisfeld*

The causes of insomnia are varied, but whatever the reason, it's responsible for symptoms such as fatigue and low energy levels, difficulty concentrating and decreased performance at work.

The statistics are disturbing and far more wide-reaching than many people realize. In the U.S., the Center for Disease Control and Prevention has linked insomnia to workplace and road accidents. Surveys have shown that 35% of American

adults suffer from too little sleep, and over 50% of seniors aged 65 or older report sleeping less than 7 hours a night. Even more shocking, 90% of people suffering from depression also experience insomnia.

With the invention of Hygla, insomnia will cease to be an issue. This ingenious tech solution has the ability to influence biorhythms, and allow for a normal healthy sleep. It has already been shown to help 90% of people suffering from insomnia to fall asleep in as little as 10-20 minutes.

Hygla is a bracelet that works by means of a mathematical model that describes our biorhythms, their interconnections and their interaction with the environment. This allows us to influence them using outer signals to the human body to get a particular result – in this case, sleep. This influence is created with resonance and anti-resonance effects.

“We have the prototype, which has been thoroughly tested, and we have many positive reviews,” explains Alexander. “Now we offer you the opportunity to participate in a world-changing project,



helping to develop the product and allow manufacturing and distribution to get going.”

Hygla has been successfully tested on about 400 people. Users experienced a dramatic improvement within the space of a few days, feeling more rested, more energized and far less stressed. Reviews are posted on the Indiegogo project page.

Project Leader Alexander Anisfeld sums it up: “Our aim is not only to give a single you a healthy sleep, but to make our world a bit better, calmer, kinder, and happier.”

The campaign begins on October 24th. To find out more about this remarkable project and how you can order, visit Indiegogo.

You can also get more information on [Facebook](#) and on the Hygla website at:

<https://www.hygla.space/>

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