

Rae Luskin of The Winning Adventure to be Featured on CUTV News Radio

DEERFIELD , ILLINOIS, UNITED STATES, October 20, 2017 /EINPresswire.com/ -- Everyone is creative. It is your birthright. Just like a muscle you need to work it. You simply have to claim it for yourself. If you are willing to play, explore and experiment with your creativity it is a tool of transformation and empowerment.

Rae Luskin is the founder of The Winning Adventure, a coaching practice dedicated to using creative expression for healing and social change.

"Every person has a story of overcoming and resilience," says Rae. "It's about finding the hero's journey within. I help people become the hero they've always dreamed of being – the hero of their own life – by finding their passion and purpose and living their legacy now."



An artist in her own right, Rae was inspired to launch The Winning Adventure after a long career in art education.

"I had closed my art school Art & Soul Connections and I was waiting for a whisper," recalls Rae.

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I help people become the hero they've always dreamed of being – the hero of their own life – by finding their passion and purpose and living their legacy now." Rae Luskin "What's the next step for me? I heard a whisper," recalls Rae. "What's the next step for me? I heard a whisper that said, 'You need to interview a hundred leaders around the country.

"I'd been a community activist for 40 years so I decided to start interviewing the people I worked with. These were people who were making the world better through their courage, shared visions and bold, creative initiatives. Their stories needed to be told. I currently have a library of 185 and continue to add interesting people"

The result was the award winning, The Creative Activist: Make the World Better One Person, One Action, at a Time. Creative Activists, who are dedicated to making a positive difference in the lives of their families, their communities, and the world through their imagination, creative thinking and unique gifts and talents.

How do we create change in the world?

"Change begins with a question. What would you love? I inspire my clients to dream big, take action and "be the change" they wish to see in the world. When we are happy, self-expressed, doing what we love we create a ripple effect, like the butterfly who creates a tsunami on the other side of the world."

CUTV News Radio will feature Rae Luskin in an interview with Jim Masters on October 24th at 3pm EDT.

Listen to the show on **BlogTalkRadio**.

If you have a question for our guest, call (347) 996-3389.

For more information on The Winning Adventure, visit <u>http://www.TheWinningAdventure.com</u>.

The Creative Activist: Make the World Better One Person, One Action, at a Time is available on <u>Amazon</u>.

Lou Ceparano CUTV News (631) 850-3314 email us here



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