

# Ilona Nogarr of Denison Dance Academy to be Featured on CUTV News Radio

DENISON, TEXAS, UNITED STATES, October 13, 2017 /EINPresswire.com/ -- Dance is passion: expressing your emotions through movement. You have to believe deep within your soul that your movements are what is creating the music.

Ilona Nogarr is the founder and artistic director for the Denison Dance Academy, a dance studio, specializing in classical ballet. Nogarr has been teaching dance and gymnastics since 1977.

"When I was in the 1st grade a teacher said I looked like a ballerina," says Nogarr. "I started taking classes every day and I've been dancing ever since."

Classical ballet is fundamental to other styles. If you know your plie and your releve you can do any other style. You can even do gymnastics!

"Our students receive quality classical ballet training," says Nogarr. "We offer everything they need to be well-rounded and confident in all styles, including jazz, contemporary and tap."

Nogarr's students are as young as three and as old as 70. She says she's a strict teacher, but that's what is necessary for dance because it demands 100 percent of your focus to execute properly and perfectly.

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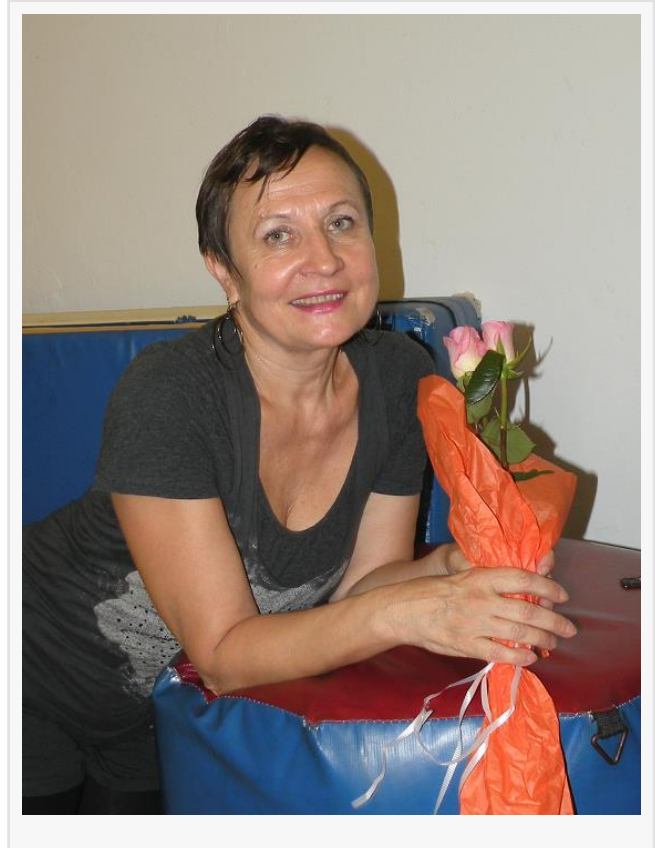
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*Ilona Nogarr*

“There are dance studios where you can dance and have fun but I want them to focus and improve their technique,” says Nogarr. "Every single move a ballet dancer makes requires perfect technique. And it's not just dancing. You need perfect balance and core training to control your body as an instrument."

CUTV News Radio will feature Ilona Nogarr in an interview with Jim Masters on October 17th at 10:30am EDT.

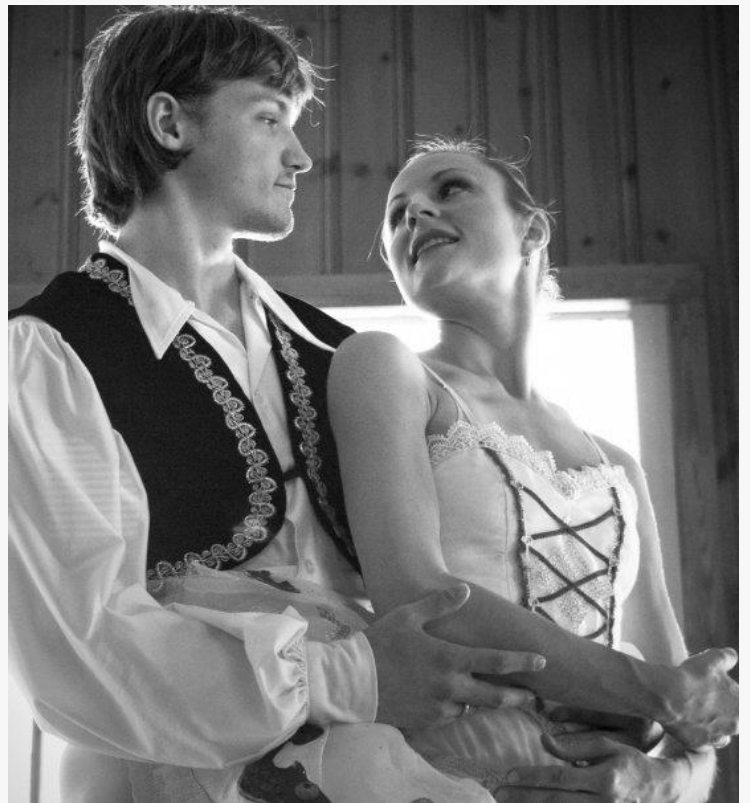
Listen to the show on [BlogTalkRadio](#).



If you have a question for our guest, call (347) 996-3389.

For more information on Denison Dance Academy, visit their [Facebook](#) page.

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