

# Therapist and Coach Dr. Marilyn Margiotti to be Featured on CUTV News Radio

SAN FRANCISCO, CALIFORNIA, UNITED STATES, October 9, 2017 /EINPresswire.com/ -- While most consider therapy and coaching two completely separate disciplines, all agree that a background in counseling enhances coaching. Both share an intention of changing the neural pathways in the brain to improve the lives of their clients.

Dr. Marilyn Margiotti offers both psychotherapy and couples counseling to clients, as well as personal and executive coaching.



“Coaching and therapy are different ways of offering guidance to people,” says Dr. Margiotti. “As a therapist, you have to be a detective of sorts, listening for what people aren’t saying, or for the contradictions in what they are saying. Coaching is a different methodology. It is about helping people move from their normal level of functioning to realizing their potential.”

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*Dr. Marilyn Margiotti*

Dr. Margiotti was first introduced to coaching through her patients, many of whom were executives familiar with the coaching process from their organizations.

“I was looking for a new challenge,” recalls Dr. Margiotti. “I was working with a number of executives in my practice and several of them told me that I would do a fabulous job at coaching and I would be better than the coaches that had

been brought in to their organizations.”

Dr. Margiotti says coaching is its most useful when helping individuals navigate profound transitions. She says it’s about finding out where the person is, what they want to achieve, removing the obstacles in the way, and helping them develop to reach their potential. In some circumstances they may not need therapy, instead needing a coach to help navigate the transition.

“Therapy makes a big impact but typically on a smaller scale,” says Dr. Margiotti. “If you coach someone to great things, those great things can affect more people, employ more people, inspire more people.”

Dr. Margiotti dedicates much of her executive coaching to helping clients develop Emotional Intelligence skills.

“Emotional Intelligence fits with what I’ve done my entire career, helping people understand their own emotions, not be overwhelmed by them, but instead use them as a guide. A person can then make use of their thoughts and feelings to choose how to act or react,” says Dr. Margiotti. “A great deal has been learned about the ways Emotional Intelligence helps people to be successful and thrive. I’m proud of helping people grow, develop and thrive in life.”

CUTV News Radio will feature Dr. Marilyn Margiotti in an interview with Jim Masters on October 11th at 2pm EDT and with Doug Llewelyn on October 18th at 2pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Dr. Marilyn Margiotti, visit <http://www.drmarilynmargiotti.com>

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