

Chronic Fatigue Syndrome Expert Beckie Butcher Returns to CUTV News Radio

ELGIN, ILLINOIS, UNITED STATES, October 3, 2017 /EINPresswire.com/ -- According to recent studies, as many as 2.5 million people in the United States suffer from Chronic Fatigue Syndrome, a devastating multi-system disease that causes dysfunction of the neurological, immune, endocrine and metabolic systems. CFS affects adults and children of all races, income levels and geographic areas, and is characterized by extreme fatigue that can't be explained by any underlying medical condition. It's a debilitating disease that robs you of the essential energy to enjoy a quality life.

Beckie Butcher is the author of *My Battle With Chronic Fatigue Syndrome*, which chronicles her struggle with the disease.

"We may not die, but our lives are taken away from us," says Beckie.

Beckie says after three years of keeping a stiff upper lip and reminding herself things could be worse, she had to step back and mourn her loss. The experience inspired her to finally sit down and process the profound change in her life. The result was *My Battle With Chronic Fatigue Syndrome*.

"It was cathartic," says Beckie. "As I wrote I started to see things as they really were. The more I wrote the more came out about how I handled what's going on inside of my body. I've come a long way but I still have a long way to go."



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Beckie Butcher

CFS is considered a controversial diagnosis in the medical community, and many doctors remain skeptical.

"Usually when you see someone with a disability, you can tell," says Beckie. "With CFS, there are no outward symptoms. If you saw me walking down the street, you wouldn't know I was sick, but it's what's inside."

Walking down the street would be a miracle. At least 25 percent of patients are homebound or bedbound. Beckie was both. Today, Beckie is no longer bedridden, but she cannot work.

"I have good days and bad days," says Beckie. "When I have energy on the good days I do what I have to do. But on a bad day the pain and exhaustion are overwhelming."

Still, Beckie says she's come to terms to with her disease.

"I have CFS. I don't like it, it stinks, but I have to do the best I can and know that God will get me through the day," says Beckie. "Live every day. Don't give up hope and keep doing good things for yourself."

CUTV News Radio will feature Beckie Butcher in a four-part interview series with Jim Masters on October 5th and October 12th at 12pm EDT, October 19th at 1pm EDT, and October 26th at 12pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Beckie Butcher, visit <http://www.beckiesbutcher.com>

My Battle With Chronic Fatigue Syndrome is available now on [Amazon](#).

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