

Holly Wells of Eye Love Nature to be Featured on CUTV News Radio

CHICAGO, ILLINOIS, UNITED STATES, September 6, 2017 /EINPresswire.com/ -- We must become better stewards of the planet, and this begins with ourselves. We each need to honor our bodies and minds. Then with improved strength and awareness, we can and will make a difference.

Holly Wells is the founder of Eye Love Nature, a non-profit organization dedicated to sharing effective practices for sustainable living.

"It's a labor of love for me," says Holly. "It's something I'm passionate about. Connecting to nature inspires me. It makes you feel small at first, but then you come to realize how integrated and connected you are to everyone and everything."

Holly preaches Stewardship through R.E.S.P.E.C.T., which stands for Recycle; Eat Organic; Stay Hydrated; Practice Mediation; Exercise; Connect with nature; Take time to celebrate.



"It's open-source. We can leverage and collaborate with each other and it makes us better in the end," says Holly. "That is really what I want to do with Eye Love Nature. Let's

put it out there, not charge anything, just offer basic tips I've learned that if you incorporate into your life it can make you feel better."

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Connecting to nature inspires me. It makes you feel small at first, but then you come to realize how integrated and connected you are to everyone and everything." *Holly Wells* According to Holly, we have to remove this false line of demarcation between ourselves and the world we inhabit. To do something good for yourself is to do something good for the world; to do something good for the world is to do something good for yourself.

CUTV News Radio will feature Holly Wells in an interview with Doug Llewelyn on September 8th at 4pm EDT and with Jim Masters on September 15th at 4pm EDT.

Listen to the show on <u>BlogTalkRadio</u>.

If you have a question for our guest, call (347) 996-3389.

For more information on Eye Love Nature, visit <u>http://www.eyelovenature.com</u>

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