

Singer and Songwriter Buffy Ford Stewart to be Featured on CUTV News Radio

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/EINPresswire.com/ -- Buffy Ford Stewart is a witness to rock and roll history. The wife of the influential folk singer and songwriter John Stewart, she recalls the day her husband wrote the classic “Daydream Believer,” one of The Monkees’ greatest hits and among the most enduring songs of the last 50 years.

“When my husband wrote ‘Daydream Believer,’ it was one of those songs,” recalls Buffy. “To him it was an unproductive day at work; All he did was write one song. He said, “Gosh, all I did today was write this song called ‘Daydream Believer.’ You just never know when a song is going to be that song. But what a song.



“All the great songs are simple with simple lyrics you can remember,” says Buffy. “The whole world knows that song. The more simple a song is, the more people it can reach. I think that’s the key to songwriting: you don’t write thinking about selling records; you write from your heart.”

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Buffy Ford Stewart

Buffy and her husband shared a profound musical bond. He often referred to her as his muse. Their musical love affair lasted more than 50 years until he sadly passed away in 2008.

“The first song we sang together the blend was so perfect,” recalls Buffy. “People miss our blend. I miss singing with my husband. When you heard our voices together you could tell it was us.”

A singer and songwriter in her own right, Buffy has just released her new album *Once Upon a Time*.

“As a songwriter, you do it because you love it and I’ve been doing it for 50 years,” says Buffy. “A lot of my songs come from poetry, but the great songs feel like gifts. You can’t even really take credit for them.”

Buffy has recently finished writing her first children’s book: *The Blanket and the Bear*, a magical little story about love and the endless possibilities of love.

"I think it's really important to live in hope and do all we can to live in love," says Buffy.

CUTV News Radio will feature Buffy Ford Stewart in an interview with Doug Llewelyn on June 30th at 5pm EDT.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Buffy Ford Stewart, visit <http://www.buffyfordstewart.com>

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