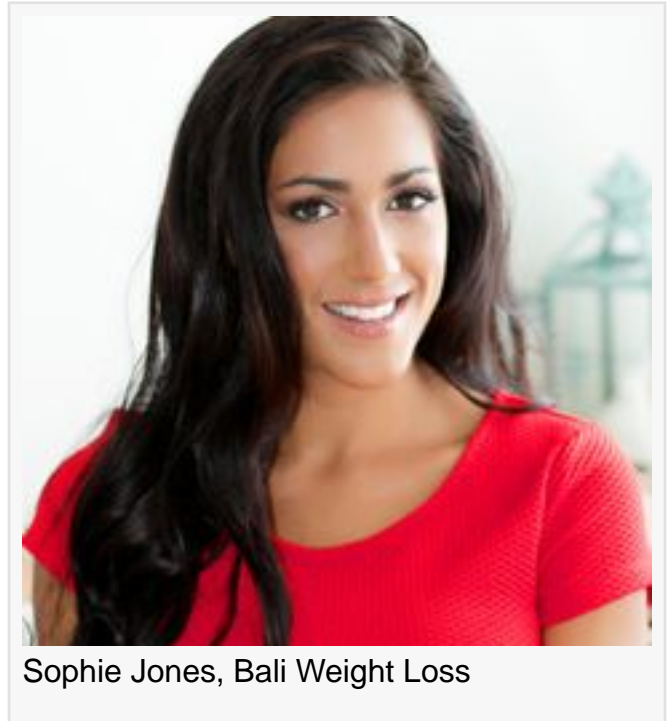


Top retreat leader Sophie Jones says goodbye to Costa Rica and travels to Bali

Once the go-to person for health and fitness retreats, Sophie Jones, now a "lost star" in the booming industry?

CANGGU, BALI, INDONESIA, January 8, 2017 /EINPresswire.com/ -- Sophie Jones long known as one of the top retreat leaders in Costa Rica has relocated herself and services to Bali island, Indonesia. This has come as a shock to regular clients a local source tells us yet Sophie is adamant that "it was time for a change and although this may well negatively effect my business, it will positively impact my life and as a health and lifestyle coach it would be a dichotomy to my teachings if I didn't make the right choice for my life".

Having founded Bali Weight Loss (<https://www.baliweightloss.com>) on the island in Indonesia, Sophie tells us "I have taken all the experiences over the past years and packaged them into a retreat-style business which gives my clients directly what they want, which is weight loss, and from the most beautiful island on earth which really has to be Bali."



Sophie Jones, Bali Weight Loss

Costa Rica is known by many as the capital for health and wellness retreats around the world, so many see Sophie's choice as "a bad business decision" as one American retreat goer tells us. However others say otherwise and tell of Bali as being the "new Costa Rica" where it is faster and cheaper to put on retreats and the services are actually "better overall" a British citizen, James Howard reports.

“

I just decided that while Costa Rica is amazing and it's my home, it was time to spread my wings. And having fallen in love with Bali, I know it is the right place for me and my business.

Sophie Jones

Asia has been growing at an unprecedented rate over the last decade and their tourism industry is no exception. Since the Bali bombings in 2002 the so called by the locals 'island of gods' has made a remarkable comeback with over four million foreign tourists arriving to the small island in 2016 alone.

"Bali is booming" according to 'Wonderful Indonesia' the government approved and run organization for promoting travel and tourism in the country. This coupled with reports from the ground in Bali seems to be corroborated leading many to consider that perhaps Sophie Jones is "simply ahead of the game and knows where the health and wellness industry and retreat business is heading and

setting up her place first" as retreat business consultant, Jerrold Halpin opinionated.

What will happen next we will have to wait and see yet what is for certain is that the wellness scene is not going anywhere any time soon and whether in Costa Rica or Asia's most popular island for tourists, Bali, it seems the retreat business is a safe investment.

Sophie Jones & Bali Weight Loss contacts:

Bali Weight Loss

11 Canggu, Mengwi, Badung, Bali, 80361, Indonesia

admin@baliweightloss.com

+62.361597852

<https://plus.google.com/+Baliweightloss>

<https://www.facebook.com/BaliWeightLoss>

<https://twitter.com/WeightLossBali>

Sophie Jones

Bali Weight Loss

361597852

email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2017 IPD Group, Inc. All Right Reserved.