

# Joy Restoration Coach and Author Lindsay Marie Gibson to be Featured on CUTV News Radio

SOUTHBURY, CONNECTICUT, USA, January 6, 2017 /EINPresswire.com/ -- In a world filled with tragedies, it often seems impossible to find joy amidst our grief. We need to learn that being happy and joyful is a choice, and the choice is ours to make.

Lindsay Marie Gibson is a Joy Restoration Coach. A Joy Restoration coach helps clients overcome their grief to consciously choose the joy that is already there in their life.

“My personal belief is that everyone has joy and happiness. I help them find it,” says Lindsay.

Lindsay says finding joy is based on making conscious, positive choices.

“I want to help people excel toward their most meaningful purpose in life, to find a place of balance to reach their highest potential,” says Lindsay.

Lindsay is preparing to publish a memoir of her experiences. The book focuses on two major life events: Lindsay had been violently raped when she was 16 and spent the next 13 years in darkness, emotionally shut off; in 2013, she and her husband lost their second child Joseph in stillbirth.

“

My personal belief is that everyone has joy and happiness. I help them find it.”  
*Lindsay Marie Gibson*

“You have to confront your feelings to rediscover joy,” says Lindsay. “Losing my son made me realize I had to make conscious changes in my life.”

That’s when Lindsay pursued training as a Joy Restoration Coach and launched her mind-body-spirit coaching practice Pure Joy. Lindsay says her personal experiences allow her to connect with clients more deeply. If she can find joy, they can too.

“I didn’t know there was another way to live,” says Lindsay. “So that’s what my work is: showing



people another way. My memoir is about hope and helping them get through their struggles to hopefully see the bigger picture.”

CUTV News Radio will feature Lindsay Marie Gibson in an interview with Doug Llewelyn on January 10th at 10am EST.

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Lindsay Marie Gibson, visit <http://www.lindsaymariegibson.com>

Lou Ceparano  
CUTV News  
(631) 850-3314  
email us here

---

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2017 IPD Group, Inc. All Right Reserved.