

John Spenker of Synergistic Coaching & Consulting to be Featured on CUTV News Radio

SAN FRANCISCO, CALIFORNIA, USA, October 31, 2016 /EINPresswire.com/ -- To embrace the future, we must first change the relationship we have with change.

John Spenker is a catalyst for change and the founder of Synergistic Coaching & Consulting, where he specializes in change management for organizations, teams and individuals.

"My clients are ready to step into saying yes to change, take ownership, and steward their own destiny," says Spenker.

Leveraging accreditations in project and change management, Spenker is a Coach U and Co-Active certified coach, and his philosophical approach is deeply grounded [Systems Thinking](#).

"Systems Thinking provides a structure from which we can strengthen our world view and better understand both ourselves and others. All the variables need to be looked at together," says Spenker. "If we want to communicate more effectively, we need to reach a better understanding of ourselves and others. Some people work best when they're under duress. Other people work best when things are calm and serene. If we're working together but we don't understand that about each other, I might be solving for one solution and you're solving for the other."

According to Spenker, change management is about understanding the people side of change: how our behavior



affects our ability to achieve personal and professional goals. Spenker believes it is essential to have a deep, personal understanding of our own personal bias to “change” – is it friend or foe?

“Our conversation isn't about fixing, but rather perspective, specifically your perspective,” says Spenker. “What I love about coaching is the answers are found in the conversation in the moment. We're living it as we speak. With new understanding, we earn a new appreciation for ourselves and each other. That appreciation changes our perspective and how we engage.”

Ultimately, says Spenker, the coaching process is about putting clients at ease to trust their own resourcefulness.

“I love to work with people over time and witness their journey,” says Spenker. “I'm most satisfied when I am fortunate enough to have

the longevity with a client to see the full impact of their change work – to see it really stick.”

CUTV News Radio will feature John Spenker in a two-part interview with Jim Masters on November 2nd at 1pm EST and with Doug Llewelyn on November 9th at 1pm EST.



With new understanding, we earn a new appreciation for ourselves and each other.

John Spenker

Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Synergistic Coaching & Consulting, visit <http://www.spenker.com/>



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