

Nazee Mirshamsi of Conscious Choices Health & Wellness to be Featured on CUTV News Radio

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[/EINPresswire.com/](http://EINPresswire.com/) -- We all long for a peaceful life. When we learn how precious and unique we are, we can be at peace with ourselves and ultimately with others. By applying the three love principles: "Love Yourself, Love Others, and Love your Higher Source" in your daily life, you will live a more balanced, peaceful and abundant life, inside and out.

We all have the answers within ourselves. A great coach can help us find them by empowering us to see our unique beauties and talents and discovering our limiting beliefs, stories of the past hurts, and our self-doubts.

Nazee Mirshamsi is the founder and CEO of Conscious Choices Health and Wellness, where she works with individuals who are looking for more meaning in life. As a coach and a leadership trainer, Nazee hopes to share all she has learned with those who want to make the best out of their lives.

Nazee believes every individual is valuable, creative, resourceful, and whole. We simply need to pay attention to our choices if we want to have peaceful, loving, and respectful relationships. According to Nazee; our sense of happiness, well-being, and peace is ultimately related to our relationship with our selves, with the world outside of us, and with our higher source.



"It's all about our choices, every single day, every single moment," says Nazee. "Ask yourself, 'Is this choice bringing me closer to the things I want in my life or pushing me further away?'"

Nazee's mission is to inspire individual's awareness to choose consciously and live peacefully together in the concepts of love, uniqueness and creativity. She is an [inspirational speaker](#) and a professional [certified life coach](#) who has developed a unique holistic approach to train her clients to attain success, peace and fulfillment in every aspect of their lives.

Nazee's inspirational life story from being a very shy and introverted young girl to becoming an international speaker and successful coach and trainer has empowered the transformation of



thousands of lives around the globe. Her journey to self-awareness and loving oneself has manifested in loving energy that opens your heart to let in success. Conscious Choices Health and Wellness is the result of her life's work to establish a professional reputation for helping others build self-esteem to find success in their personal lives, relationships and professional endeavors, delivered in her uplifting and heart-warming style.

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“I believe in each person I coach and I love that person unconditionally without judgment,” says Nazee. “Because I have overcome the conflict of loving and believing in myself, I create a very safe and compassionate space to help them see their own brilliance and embrace their own uniqueness, find their life purpose and start evolving.”

CUTV News Radio will feature Nazee Mirshamsi in an interview with Doug Llewelyn on March 2nd at 4pm EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on Conscious Choices Health & Wellness, visit <http://www.coach2love.com>

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