

Catherine Ferrier of The Healing Touch to be Featured on Close-Up Talk Radio

VIRGINIA BEACH, VIRGINIA, USA, September 4, 2014 /EINPresswire.com/ -- Self-realization can be a powerful catalyst for change. If we're willing to take the time to get to know the Self, we realize that the Self is eager to assist always and in all ways.

Catherine Ferrier is a [psychic, spiritual life coach](#), energy healer and the founder of The Healing Touch, a healing practice that offers everything from psychic readings and holistic healing to life coaching and integrated therapy. Meditation is the basis of all of

Catherine's work and she's devoted herself to the study of the body as a whole, a system of systems working toward a common goal.



“It's a total healing process that looks at the past, present and future to determine why things are going the way they're going,” says Catherine. “With The Healing Touch, we're introducing more healing into the world by making the paranormal normal.”

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Catherine Ferrier

As a healing life coach, Catherine's background is in intuitive psychic work, which has since expanded to include spiritual healing. She says she first discovered her intuitive abilities when she was still in Kindergarten.

“I was never alone as a child. I never needed to be around a bunch of other kids,” recalls Catherine. “I always knew if I asked inside, I would get answers, and I could see a vivid picture at a very young age.”

Catherine would later study massage, at which point she developed what she calls “Psychic Massage.”

“My hands would go where they needed to go and that evolved into energy work,” says Catherine. “I started to see the body without the skin. I studied Chinese medical massage and food as medicine and what I brought back only improved my psychic abilities further.”

Catherine says her clients are typically either coming through a traumatic experience or a period of transition – death, illness, divorce – or they desire a great change. And no two sessions are alike. Catherine will often begin a session by performing an energy reading to get a sense of where the

client is before she listens to their words and what they're asking for.

"When they're sitting in front of me, sometimes they're afraid of what I'll see inside them. I let them know that everything we do here is positive," says Ferrier. "I truly believe that coaching is just a hand along the way. They're here for a reason and everything happens for a reason. Whatever the issue, it's all about moving forward.

Close-Up Talk Radio will feature Catherine Ferrier in a two-part interview with Doug Llewelyn on September 8th at 2pm and September 15th at 6pm.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on The Healing Touch, visit <http://www.ahealinglifecoach.com/>

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