

# Top Pediatric Dentist Says That New ADA Guidelines Recommend Fluoride Toothpaste Before Age 2

*According to Dr. Barry L. Jacobson, the ADA is calling on parents to use a small amount of fluoride toothpaste on baby teeth as soon as they appear.*

NEW YORK, NY, UNITED STATES, February 19, 2014 /EINPresswire.com/ -- "The American Dental Association has released new guidelines regarding the care of children's teeth," says Dr. Barry L. Jacobson, DMD, FAAPD, ([www.949pediatricdentistry.com](http://www.949pediatricdentistry.com)), a New York pediatric dentistry expert. "As part of the new guidelines, the ADA ([www.ada.org](http://www.ada.org)) is recommending that parents use a tiny smear of fluoride toothpaste to brush baby teeth, twice daily, as soon as the teeth present themselves."



According to [Dr. Jacobson](#), this is ground breaking news because the new advice overturns the ADA's decade's-old recommendation that the use of fluoride toothpaste should begin at 24 months.

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*Dr. Barry Jacobson DMD,  
FAAPD*

"To combat the rise in cavities that we've been seeing in our youngest patients, the ADA is supporting the need to begin preventative pediatric dentistry early," says Dr. Jacobson. "The organization has noted, however, that only the tiniest amount of fluoride should be used on young children to avoid side effects."

Dr Jacobson says that when using fluoride toothpaste at such a young age, it is important to consult a [top pediatric dentist](#). The use of fluoride can put small children at risk for

discoloration, white spots, or streaking, commonly known as fluorosis, which is caused by ingesting fluoride toothpaste.

According to the ADA, the new guidelines are the result of a systematic review of 17 studies just published in The Journal of the American Dental Association. The ADA's review concluded that fluoride toothpaste is effective in controlling children's tooth decay, regardless of a child's age.

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months and regularly visiting the dentist every six months, we can effectively reduce a lifetime of disease.”

Dr. Jacobson explains that children with dental decay are at greater risk of developing cavities. For 17 years, Dr. [Barry Jacobson](#) DMD, FAAPD, has been a leader in pediatric dental care. His practice, located at 949 Park Avenue, New York, NY, offers laser dentistry for children, cosmetic dentistry for children, preoperative dental care for children, soft tissue procedures, 3D CAD-CAM crown fabrication, porcelain fillings, and treatment of fearful children, with behavior management experts on hand. Call 212-997-6453 (212-99-SMILE) for more information or visit Dr. Jacobson’s website at [www.949pediatricdentistry.com](http://www.949pediatricdentistry.com)).

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