

Kohler Waters Spa Adds Acupuncture to List of Experiences

KOHLER, WI, USA, July 25, 2013 /EINPresswire.com/ -- A destination for wellness, [Kohler Waters Spa](#) at [The American Club](#) resort in Kohler, Wisconsin continues to enhance its list of services with the addition of [acupuncture](#) treatments

Kohler Waters Spa at The American Club resort in Kohler, Wisconsin announces today the addition of acupuncture services to the list of health and wellness experiences offered at the Forbes Five-Star spa – one of 37 entities in the world.



Acupuncture is one of the oldest, most commonly used forms of medicine in the world. Originating in China more than 2,500 years ago, acupuncture is currently among the most thoroughly researched, practiced and respected forms of complementary medicine available. Insertion of very thin, solid, stainless steel needles into select spots on the body creates certain triggers.

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Jean Kolb

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Kohler Waters Spa partners with licensed acupuncturist Kari Webb of Plymouth, Wisconsin to offer acupuncture treatments. Webb is a Diplomate of Oriental Medicine, a practitioner who is certified by the National Certification

Commission for Acupuncture and Oriental Medicine (NCCAOM) and has met the certification requirements for both acupuncture and Chinese herbology. She has more than nine years of professional practice in Wisconsin and Hawaii.

“Today’s acupuncture treatments offer a long list of benefits including pain reduction, stress and tension relief, increased energy levels and performance, stronger digestions, relief from bad habits and addictions, and a greater sense of overall health and well-being,” said Webb. “Acupuncture astonishingly can benefit many people for many specific reasons and for general wellness, relaxation and balance.”

Two service options are currently available on Wednesdays from 9am-6pm and Sundays from 9am-2pm at Kohler Waters Spa.

Acupuncture for Relaxation, Wellness and Balancing

This treatment focuses on holistic balancing of the body to reduce stress and bring about a sense of

relaxation and wellness. Customized point selection is made according to Traditional Chinese Medical Theory to move the qi (energy) and blood, as well as balancing the energetics of the internal organs.
- 50 minutes \$95 and applicable Daily Spa Usage Fee.

Acupuncture for Health Issues

Acupuncture can be used for many types of external musculoskeletal pains and internal medical conditions. For chronic pain concerns it may require more than one treatment to realize a change. The acupuncturist will customize a treatment schedule recommendation during your initial visit.

- Initial Session 80 minutes \$140, Follow-Up Session(s) 50 minutes \$95 and applicable Daily Spa Usage Fee.

For reservations, please call 800-344-2838 or visit www.KohlerWatersSpa.com for more information. Stay up to date on spa news and happenings on Facebook www.facebook.com/americanclub and on Twitter, www.twitter.com/theamericanclub.

About Kohler Co Hospitality & Real Estate Group

The Kohler Co. Hospitality & Real Estate profile includes The American Club, boasting the first and only Forbes Five-Star hotel property in Wisconsin, and world-renowned championship golf courses Whistling Straits and Blackwolf Run. Acquired in 2004, its sister property, The Old Course Hotel, Golf Resort & Spa in the birthplace of golf, St Andrews, Scotland, is a AA Five Red Star property and recognized as one of the most luxurious resorts in the world. The hotel stands astride the 17th hole of the Old Course and the North Sea. Just behind the 18th hole, Kohler Co. is renovating what will be known as Hamilton Grand, 26 of the world's most extraordinary apartments.

About The American Club resort

The American Club resort, a 2013 Forbes Five-Star Recipient and the Midwest's only AAA Five-Diamond resort-hotel was named #3 Golf Resort in North America, by Golf Digest Magazine. The resort is one of only 45 hotels in North America with both the Forbes Five-Star and AAA Five-Diamond distinction. Kohler Waters Spa in Kohler, Wisconsin is the first and only Forbes Five-Star spa in Wisconsin and one of 37 spas worldwide to hold this distinction. The resort features 12 dining establishments from the Forbes Four-Star Immigrant Restaurant to traditional pub fare at Horse & Plow and rustic Italian at Cucina. The resort is located in the Village of Kohler, Wisconsin, one hour north of Milwaukee and two and a half hours north of Chicago

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